

Rapid Resolution Therapy®
is an innovative therapeutic
approach developed by
Dr. Jon Connelly. It is a fast,
effective treatment for many
of life's problems, including:

- › *Nightmares/Insomnia*
- › *Anxiety*
- › *Panic Attacks*
- › *Depression*
- › *Grief*
- › *Heartbreak*
- › *Low Self-esteem*
- › *Relationship Issues*
- › *Sexual Issues*
- › *Substance Addiction/Dependency*
- › *Obsessions/Compulsions*
- › *Self-destructive Behaviors*
- › *Anger/Resentment*
- › *Guilt/Shame*
- › *Jealousy*

Institute for Rapid Resolution Therapy®
cleartrauma.com | 800-587-2623



*Heal Your Past
Embrace the Present
Create Your Future*



Schedule an appointment with Dr. Connelly
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ARE YOU STUCK?

If you have been stuck and unable to successfully change your feelings, thoughts or behaviors it is likely that you are being affected by experiences from your past. Sometimes traumatic experiences are remembered but often they are forgotten.

GHOSTS FROM THE PAST

When fueled by the ongoing influence of traumatic past events, emotional problems, destructive behaviors and relationship difficulties are impossible to overcome. Attempting to bring about enduring change without eliminating these “ghosts from the past” is like trying to repair the structure of a building by applying a coat of paint.

TRAUMA

When something is painful or disturbing it slams into awareness and leaves a lasting impression. Even when the experience is finished, deeper parts of the mind may continue to respond as if the disturbing event is still occurring. Even experiences that have been consciously forgotten can continue to exert a negative influence. This may affect emotions, thinking, relationships, behavior and even health.

HOW IT WORKS

The subconscious controls emotions, desires, memory, habits, thoughts, dreams, and automatic responses. One may consciously understand the value of eliminating problematic emotions, thoughts or behaviors but unless the subconscious mind is reached, enduring change is unlikely. By engaging the subconscious mind and eliminating the ongoing influence from troubling past events, blocked energy is released, healing takes place, and change is automatic. Negative habits and painful emotions are replaced by positive actions and feelings of well being. Blocked energy is released. Healing takes place. Desired change is automatic and lasting.

“Beyond theory, beyond technique to the essence of healing itself.”

— Stuart Sinoff, MD,
Board Certified Neurologist

“Rapid Resolution Therapy really gets to and shifts core issues so that symptoms disappear. This powerful and respectful process causes quick, dramatic and lasting change.”

— Gloria Payne, Ph.D, LMFT,
Licensed Marriage & Family Therapist

“Rapid Resolution Therapy painlessly and completely heals the invisible wounds of trauma.”

— Jason Quintal, PhD, LCSW,
Licensed Clinical Social Worker

“RRT actually cures people which is what is most rewarding about using this therapeutic method.”

— Mark Dillon, MD, MBA,
Board Certified Emergency Physician

“This psychotherapeutic approach is more effective than all others combined. Your life will improve immeasurably.”

— Robert Schenck,
PhD, Psychologist

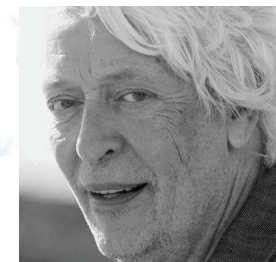
“Rapid Resolution Therapy turned my world upside down and provided me with a clarity I have never known.”

— Richard Pyburn, LPC,
Licensed Professional Counselor

clear your mind

CHANGE THE WORLD

- › Discover and resolve subconscious causes for emotional and behavioral difficulties
- › Resolve issues contributing to medical problems
- › Promote mind-body healing
- › Expose and eliminate unconscious conflicts blocking desired change
- › Stop self-destructive behavioral patterns
- › Painlessly eliminate the negative influence from traumatic events.



Dr. Jon Connelly is the founder and developer of Rapid Resolution Therapy® RRT, a revolutionary psychotherapeutic approach to healing emotional and behavioral issues, as well as The Institute

for Survivors of Sexual Violence, a non-profit (501C3) organization providing training in advanced clinical methods for eliminating the negative influence of trauma. With more than 30 years of experience working with individuals and training professionals, Dr. Connelly holds board certifications in psychotherapy, sex therapy, hypnotherapy, behavioral medicine, clinical social work, and chemical dependency counseling. He is licensed as a clinical social work practitioner and holds a doctorate in clinical pastoral counseling. Dr. Connelly directs the Trauma Resolution Program at Palm Partners Residential Treatment facility and is the author of “Life Changing Conversations – The Power of Transformational Communication,” which demonstrates how dramatic therapeutic breakthroughs can be facilitated in one psychotherapy session.