



Helping Families In CrisisSM
Mental Health & Addiction Services

FOR IMMEDIATE RELEASE
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For more information about this press release, please contact Dr. Sharon Richie-Melvan at 352-476-5599.

For interviews or more information about Rapid Resolution Therapy, please call 800-587-2623.

The Institute For Rapid Resolution Therapy Partners with the University of Portland and Manatee Glens for PTSD Research Study

The Institute for Rapid Resolution Therapy has partnered with the University of Portland and Manatee Glens to conduct a research study to scientifically demonstrate the effectiveness of Rapid Resolution Therapy™ (RRT) for the treatment of trauma patients, specifically those suffering from post traumatic stress disorder (PTSD).

The study that begins on February 26 and continues through May 30 will be conducted through Manatee Glens, a non-profit behavioral health hospital and outpatient practice. Participants in the research study can be anyone who has experienced trauma, big or small such as domestic violence, rape, or incest; a car accident, fire, gang fight or military combat; and/or unresolved ongoing grief. These individuals may be experiencing anger, resentment, guilt, shame, nightmares, phobias, and/or panic attacks. Registration is required with Manatee Glens.

Manatee Glens screens all candidates prior to the study, where half will be placed with a RRT therapist and half will receive the traditional cognitive behavioral therapy (CBT) from Manatee Glens. Participants will receive pro bono services for RRT treatment, provided by either the founder of RRT, Dr. Jon Connelly, or RRT Certified Master Practitioners.

The goal for the study is to provide evidence-based-research of the effectiveness of RRT as a treatment modality for trauma. "There is increased recognition in the mental health field of the importance of conducting research within clinical settings, such as outpatient settings, where mental health service actually takes place," says Melinda Paige, Ed.S, LMHC, NCC, a Certified Master Practitioner in RRT. "Since RRT has a 30-year history of anecdotal clinical evidence, the goal of this study to measure these reported decreases in posttraumatic symptoms and document this evidence in the trauma literature." Unlike other approaches to trauma treatment which require the client to experience painful emotions while reliving the trauma, RRT clears the effects of trauma gently and painlessly. RRT is an integrative and holistic approach that completely resolves the psychological and physiological effects of trauma.

Candidates interested in applying for participation in the research study may apply in person at the Manatee Glens Walk-In Center located at 371 6th Avenue West in Bradenton or Manatee Glens Access Center at 2020 26th Avenue East in Bradenton. For more information about this study, please

contact Research Coordinator Dr. Sharon Richie-Melvan at 352-476-5599. Other members of the research team include Diane Vines, PhD (University of Portland) and Melinda Paige, Ed.S (Georgia State University); with critical guidance from Roger Weed, PhD, and Greg Brack PhD, both from the Georgia State University.

Rapid Resolution Therapy™ was developed by Dr. Jon Connelly. He is the author of Life Changing Conversations – The Power of Transformational Communication, which demonstrates that dramatic therapeutic breakthroughs can be facilitated in a single psychotherapy session. With over 30 years of experience working with individuals and training professionals, Dr. Connelly also is the founder of The Institute for Survivors of Sexual Violence, a non-profit (501C3) organization providing mental health professionals with state-of-the-art training in advanced clinical methods of eliminating the negative influence of trauma. You can learn more about him and RRT at www.rapidresolutiontherapy.com or www.cleartrauma.com.

Founded as a nonprofit in 1955, Manatee Glens is a state-of-the-art behavioral health institute located in Bradenton, Florida. Through their private hospital and outpatient practice, they provide personalized care to local patients as well as those from across the state and around the country. Manatee Glens helps families in crisis with mental health and addiction services and supports the community through prevention and recovery. For more information about Manatee Glens, please call 941-782-4150 or visit their website at www.manateeglens.org.

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